

Nordic Skiing Race Schedule 2017 - 2018

| <u>Dates</u> | <u>Location</u> | <u>Distance</u> | <u>Technique</u> | <u>Start Type</u> | <u>Time</u> |
|-----------------------------|--|------------------|------------------|-------------------|-------------|
| November 13th | First Day of Practice | | | | |
| Nov. 18 - 26 | West Yellowstone Race/Camp | | | | |
| December 8th | Casper / Casper Mt. | 3x1k Night Relay | Freestyle | Mass | 4:00 PM |
| December 9th | Casper / Casper Mt. | 5K | Classic | Mass | ##### |
| December 15th | Pinedale / White Pine | 5 K | Freestyle | Mass | 2:00 PM |
| December 16th | Pinedale / White Pine | 5 K Duathlon | Classic/Skate | Mass | ##### |
| December 20th - January 2nd | Winter Break | | | | |
| January 5th | Casper / Casper Mt. | 1 K | Freestyle | Sprint | Noon |
| January 6th | Casper / Casper Mt. | 5 K | Classic | Mass | ##### |
| January 19th | Cody / Pahaska | 7.5 K | Freestyle | Interval | 1:00 PM |
| January 20th | Cody / Pahaska | 7.5 K | Classic | Interval | 10:00 |
| January 26th | Soldier Hollow / Utah JNQ/NRL | 1 K Sprints | Freestyle | | 9:00 AM |
| January 27th | Soldier Hollow / Utah JNQ/NRL | 5,10,15 K | Classic | Mass | 9:00 AM |
| February 9th | Lander / Golf Course | 5 K | Freestyle | Mass | 1:00 PM |
| February 10th | Lander / Beaver Creek | 5, 10 K | Classic | Interval | ##### |
| February 23rd | State Meet Laramie / Happy Jack | 5K | Freestyle | Interval | 10:00 |
| February 24th | State Meet Laramie / Happy Jack | 10K | Classic | Interval | 10:00 |
| March 2nd - 11th | Junior Nationals, Soldier Hollow - Only for High Plains Skiers who Qualify | | | | |