

GIRLS STATE CROSS COUNTRY INDIVIDUAL CHAMPIONS

Class 4A			
Year	Name	School	Time
2024	Maggie Madsen	Cheyenne East	18:26.4
2023	Madison Antonino	Jackson	18:17.20
2022	Sydney Morrell	Cheyenne Central	18:29.79
2021	Kate Brigham	Jackson	18:38.15
2020	Delilah Baedke	Natrona County	18:38.45
2019	Abigail Whitman	Laramie	19:11.99
2018	Claudia Miller	Cheyenne Central	18:35.15
2017	Mackenzie Marler	Cheyenne East	17:55.38
2016	Anna Gibson	Jackson	17:35.20
2015	Aubrey Frentheway	Cheyenne Central	18:31.21
2014	Karli Piaia	Rock Springs	18:35.11
2013	Tabitha Simmons	Campbell County	19:15.06
2012	Abby Phillips	Campbell County	19:55.57
2011	Olivia Thompson	Riverton	20:03.68
2010	Hailey Ricks	Star Valley	19:48.04
2009	Dana Morin	Sheridan	18:50.18
2008	Nicole Peterson	Rock Springs	18:48.70
2007	Jessica Lemaster	Cheyenne Central	19:37.40
2006	Levia Abraham	Cheyenne Central	19:55.39
2005	Ashlen Nimmo	Rock Springs	19:16.00
2004	Sarah Balfour	Natrona County	19:00.50
2003	Sarah Balfour	Natrona County	19:01.70
2002	Sarah Balfour	Natrona County	18:22.20
2001	Sarah Balfour	Natrona County	19:17.88
2000	Alicia Craig	Campbell County	18:20.75
1999	Alicia Craig	Campbell County	18:26.00
1998	Katie Moon	Evanston	18:37.41
1997	Katie Moon	Evanston	18:28.00
1996	Amanda Grout	Cheyenne East	18:29.90
1995	Benni Ridgley	Riverton	18:49.29
1994	Amanda Grout	Cheyenne East	19:11.66
1993	Benni Ridgley	Riverton	19:08.92
1992	Erin Hallinan	Campbell County	20:15.60

Class 4A			
Year	Name	School	Time
1991	Jamie Malone	Campbell County	20:23.00
1990	Julie Atkins	Cheyenne Central	20:43.00
1989	Jill Ward	Campbell County	20:16.00

Class 4A

Class 3A			
Year	Name	School	Time
2024	Kinley Cooley	Powell	19:08.2
2023	Zena Tapia	Worland	19:33.30
2022	Ameya Eddy	Lander Valley	19:29.21
2021	Ava Stafford	Cody	19:25.55
2020	Sydney Thorvaldson	Rawlins	16:59.6
2019	Sydney Thorvaldson	Rawlins	17:32.69
2018	Sydney Thorvaldson	Rawlins	17:34.68
2017	Sydney Thorvaldson	Rawlins	17:49.31
2016	Hannah Behunin	Mountain View	18:51.23
2015	Calbi Ausmann	Newcastle	18:39.19
2014	Calbi Ausmann	Newcastle	18:30.18
2013	Anna Gibson	Jackson	18:43.49
2012	Hailey Ricks	Star Valley	19:42.71
2011	Hailey Ricks	Star Valley	19:54.36
2010	Della Lyle	Buffalo	20:35.66
2009	Della Lyle	Buffalo	20:07.09
2008	Brooke Hughes	Glenrock	18:58.15
2007	Brooke Rice	Jackson	19:45.40
2006	Ellie Rice	Jackson	19:56.61
2005	Brooke Hughes	Glenrock	20:22.00
2004	Jenne Dilts	Douglas	19:38.90
2003	Jenne Dilts	Douglas	20:01.40
2002	Jenne Dilts	Douglas	19:55.50
2001	Brittanie Saunders	Douglas	19:22.73
2000	Billie Winter	Lander Valley	18:42.27
1999	Ashley Winter	Lander Valley	19:00.00
1998	Val Thorson	Newcastle	19:57.00
1997	Ashley Winter	Lander Valley	19:27.00
1996	Ariana Lee	Lander Valley	19:41.00
1995	Ariana Lee	Lander Valley	19:16.38
1994	Kirsten Mathison	Worland	20:36.96
1993	Kirsten Mathison	Worland	19:57.68
1992	Mandy Kalkofen	Douglas	21:01.40

Class 3A			
Year	Name	School	Time
1991	Mandy Kalkofen	Douglas	20:44.00
1990	Mandy Kalkofen	Douglas	20:55.00
1989	Gina St. Priest	Mountain View	20:33.00

Class 2A			
Year	Name	School	Time
2024	Lyla Marney	Big Horn	19:45.3
2023	Jessie Michaels	Burlington	20:49.70
2022	Mallory Jones	Moorcroft	21:20.50
2021	Maddy Hill	Tongue River	20:19.39
2020	Addie Pendergast	Tongue River	22:18.23
2019	Paris Barrera	Wyoming Indian	20:13.57
2018	Hailey Jones	Moorcroft	19:46.19
2017	Hailey Jones	Moorcroft	20:31.31
2016	Hailey Jones	Moorcroft	20:20.91
2015	Jules Ward	Thermopolis	19:12.50
2014	Jules Ward	Thermopolis	19:15.06
2013	Charlene Brown	Wyoming Indian	19:43.80
2012	Mikayla Hudgins	Wright	21:15.54
2011	Mikayla Hudgins	Wright	21:28.04
2010	Austin Asay	Burns/Pine Bluffs	21:20.46
2009	Jordan Wohlleber	Hulett	20:29.32
2008	Jordan Wohlleber	Hulett	19:27.95
2007	Shelby Hohnholt	Saratoga	20:50.10
2006	Adria Grubb	Saratoga	20:27.30
2005	Emily Higgins	Rocky Mountain	19:35.00
2004	Emily Higgins	Rocky Mountain	19:32.30
2003	Emily Higgins	Rocky Mountain	19:45.40
2002	Emily Higgins	Rocky Mountain	19:18.40
2001	Kristen Pigg	Saratoga	20:28.55
2000	Abby Hughes	Saratoga	20:18.73
1999	Abby Hughes	Saratoga	21:22.00
1998	Mindy Lein	Moorcroft	22:27.20
1997	Morning Ferris	Wyoming Indian	21:29.00
1996	Nicole Hutchinson	Sundance	21:35.60
1995	Maria Zeller	Rocky Mountain	20:21.31
1994	Lisa Reynolds	Moorcroft	21:11.71
1993	Lisa Reynolds	Moorcroft	21:30.51
1992	Jeanna Bair	Rocky Mountain	21:15.00

GIRLS STATE CROSS COUNTRY INDIVIDUAL CHAMPIONS

Year	Name	School	Time
1988	Sunny Freeman	Campbell County	14:58.00
1987	Emily Williams	Laramie	15:27.00
1986	Necia Hoffman	Natrona County	16:19.00
1985	Dayna Decker	Campbell County	17:54.60
1984	Francie Faure	Worland	19:13.00
1983	Francie Faure	Worland	13:05.01
1982	Francie Faure	Worland	12:25.10
1981	Marcy Haynes	Sheridan	12:39.00
1980	Diana Jones	Kelly Walsh	13:12.00
1979	Diana Jones	Kelly Walsh	13:22.00
1978	Diana Jones	Kelly Walsh	12:48.00
1977	Kelly Cains	Worland	12:43.00
1976	Theresa Catismanes	Kelly Walsh	15:44.00
1975	Chris Logue	Lander Valley	14:58.00

 = Four Time State Champion