

SWIMMING & DIVING ARCHIVES

1994 Girls 3A Individual Results

Rank	Name	School	Time/Score
200 Yard Medley Relay			
1	-	Powell	1:59.10
2	-	Kemmerer	1:59.93
3	-	Pinedale / Big Piney	2:00.28
4	-	Lander	2:02.48
5	-	Buffalo	2:06.94
200 Yard Freestyle			
1	Lindsay Johnson	Kemmerer	2:03.43
2	Jennie Parsons	Powell	2:05.36
3	Julie Livingston	Lander	2:06.97
4	LaRhonda Ivester	Douglas	2:12.26
5	Jennifer Hudson	Lander	2:12.39
6	Peggy Massman	Newcastle	2:13.43
200 Yard IM			
1	Renee Johnson	Powell	2:12.62
2	Bonnie Armstrong	Newcastle	2:18.16
3	Sara Percy	Pinedale / Big Piney	2:23.31
4	Staci Hester	Lander	2:24.62
5	Kelly Gredvig	Rawlins	2:24.84
6	Elke Carlton	Lander	2:26.31
50 Yard Freestyle			
1	Bethany Larsen	Rawlins	24.78
2	Kristy Johnson	Powell	25.65
3	Julie Bean	Buffalo	25.89
4	Heather Roufs	Pinedale / Big Piney	27.07
5	Brenna Johnson	Kemmerer	27.21
6	Amy Wilson	Lander	27.90
1 Meter Diving			
1	Ellen Boodleman	Lander	427.95
2	Lisa Myers	Rawlins	363.15
3	Tatum Keiser	Lander	259.65
4	Neven Steinmetz	Powell	341.15
5	Amanda Blood	Worland	335.80
6	Bobbie Taylor	Pinedale / Big Piney	322.30
100 Yard Butterfly			
1	Sara Percy	Pinedale / Big Piney	1:01.13
2	Renee Johnson	Powell	1:01.22
3	Jaime Griff	Kemmerer	1:07.26
4	Rachel Horton	Douglas	1:07.59
5	Kosha Sabin	Rawlins	1:09.03

6	Maya Studenmund	Lander	1:12.67
100 Yard Freestyle			
1	Bethany Larsen	Rawlins	54.37
2	Julie Livingston	Lander	56.44
3	Kristy Johnson	Powell	58.26
4	Darla McGraw	Newcastle	59.74
5	Amy Wilson	Lander	1:00.82
6	Kelly Luthy	Kemmerer	1:01.25
500 Yard Freestyle			
1	Lindsay Johnson	Kemmerer	5:40.31
2	Jennie Parsons	Powell	5:54.35
3	Kelly Gredvig	Rawlins	5:52.66
4	LaRhonda Ivester	Douglas	6:01.48
5	Tatyana Sturm	Douglas	6:05.34
6	Peggy Massman	Newcastle	6:07.43
200 Yard Freestyle Relay			
1	-	Powell	1:45.80
2	-	Lander	1:46.64
3	-	Newcastle	1:48.57
4	-	Pinedale / Big Piney	1:49.74
5	-	Douglas	1:50.56
6	-	Buffalo	1:52.91
100 Yard Backstroke			
1	Elke Carlton	Lander	1:05.40
2	Rachel Horton	Douglas	1:05.74
3	Allison Ellis	Powell	1:05.80
4	Julie Bean	Buffalo	1:07.14
5	Staci Hester	Lander	1:07.18
6	Cristi Nelson	Lyman	1:08.04
100 Yard Breaststroke			
1	Bonnie Armstrong	Newcastle	1:12.29
2	Jennifer Hudson	Lander	1:13.77
3	Brenna Johnson	Kemmerer	1:15.00
4	Melisa Griffith	Greybull / Basin	1:15.32
5	Kassidy Mefford	Powell	1:15.53
6	Darby Doke	Buffalo	1:18.36
400 Yard Freestyle Relay			
1	-	Powell	3:50.36
2	-	Lander	3:55.39
3	-	Kemmerer	3:58.25
4	-	Rawlins	4:00.73
5	-	Newcastle	4:01.56
6	-	Douglas	4:12.19

1994 Girls 3A Team Results

Rank	School	Score
1	Powell	254.0
2	Lander	242.0

3	Kemmerer	144.0
4	Pinedale / Big Piney	119.0
5	Douglas	111.0
5	Rawlins	111.0
7	Newcastle	108.0
8	Buffalo	88.0
9	Lyman	68.0
10	Worland	60.0
11	Greybull / Basin	56.0

1994 Girls 4A Individual Results

Rank	Name	School	Time/Score
200 Yard Medley Relay			
1	-	Gillette	1:49.27
2	-	Laramie	1:52.79
3	-	Green River	1:58.95
4	-	Sheridan	2:01.56
5	-	Evanston	2:02.30
6	-	East	2:02.80
200 Yard Freestyle			
1	Lindsey Barker	Gillette	1:58.32
2	Farah McDill	Gillette	2:02.65
3	Dana Robertson	Laramie	2:03.13
4	Shelli Smith	East	2:05.86
5	Andrea Castillion	Green River	2:06.43
6	Jennifer Sinicki	Riverton	2:10.06
200 Yard IM			
1	Stephanie Elwonger	Gillette	2:10.47
2	Vanessa Young	Gillette	2:10.49
3	Tonie Miyamoto	Laramie	2:16.55
4	Amber Anderson	Laramie	2:17.26
5	Cassie Kristensen	Gillette	2:20.39
6	Elizabeth Nowak	Laramie	2:24.41
50 Yard Freestyle			
1	Cori McDill	Gillette	24.54
2	Kimmie Krog	Gillette	24.64
3	Emily Hollon	Laramie	24.74
4	Teri Hodo	Green River	24.80
5	Natasha Eberle	Gillette	25.48
6	Sarah Jessen	Gillette	25.55
1 Meter Diving			
1	Courtney Jensen	Sheridan	429.45
2	Rachel Gonzales	Laramie	366.25
3	Tara Walker	Green River	355.60
4	Nancy Merrell	Rock Springs	349.65
5	Sarah Frazer	Sheridan	337.50
6	Julie DeVries	Laramie	331.10
100 Yard Butterfly			
1	Stephanie Elwonger	Gillette	57.84
2	Megan Anderson	Laramie	1:03.06

3	Stefanie Kapinus	Gillette	1:03.34
4	Jessica Townsend	Sheridan	1:04.01
5	Kristin Lemm	Gillette	1:04.69
6	Frida Lund	Central	1:05.09
100 Yard Freestyle			
1	Emily Hollon	Laramie	53.42
2	Lindsey Barker	Gillette	53.51
3	Kimmie Krog	Gillette	53.59
4	Teri Hodo	Green River	54.54
5	Sarah Jessen	Gillette	55.88
6	Sonja Steinbrech	Rock Springs	56.68
500 Yard Freestyle			
1	Tonie Miyamoto	Laramie	5:24.84
2	Dana Robertson	Laramie	5:27.07
3	Farah McDill	Gillette	5:33.92
4	Shelli Smith	East	5:39.88
5	Maeve Lien	Gillette	5:41.16
6	Katie Ford	Sheridan	5:48.58
200 Yard Freestyle Relay			
1	-	Gillette	1:38.48
2	-	Laramie	1:43.58
3	-	Green River	1:43.90
4	-	Rock Springs	1:45.75
5	-	Evanston	1:47.43
6	-	Cody	1:47.60
100 Yard Backstroke			
1	Vanessa Young	Gillette	58.81
2	Cassie Kristensen	Gillette	1:02.53
3	Jessica Deball	East	1:02.98
4	Amber Anderson	Laramie	1:03.60
5	Lindy Strauss	Green River	1:04.95
6	Andrea Mosness	East	1:06.37
100 Yard Breaststroke			
1	Cori McDill	Gillette	1:10.12
2	Elizabeth Nowak	Laramie	1:11.28
3	Stefanie Kapinus	Gillette	1:13.09
4	Carrie Behrens	Cody	1:13.12
5	Shaundra Ziemann	Sheridan	1:17.11
6	Megan Anderson	Laramie	1:17.14
400 Yard Freestyle Relay			
1	-	Gillette	3:38.61
2	-	Laramie	3:54.62
3	-	East	3:55.42
4	-	Cody	3:57.94
5	-	Rock Springs	3:58.12
6	-	Sheridan	4:08.22

1994 Girls 4A Team Results

Rank	School	Score
1	Gillette	387.0

2	Laramie	265.0
3	Green River	134.0
4	Sheridan	128.0
5	East	115.0
6	Rock Springs	114.0
7	Cody	64.0
8	Evanston	62.0
9	Central	56.0
10	Riverton	29.0
11	Kelly Walsh	27.0
12	Natrona	14.0

1995 Boys 3A Individual Results

Rank	Name	School	Time/Score
200 Yard Medley Relay			
1	-	Rawlins	1:42.00
2	-	Powell	1:42.37
3	-	Worland	1:45.22
4	-	Pinedale / Big Piney	1:48.70
5	-	Lander	1:50.01
6	-	Newcastle	1:51.61
200 Yard Freestyle			
1	Jake Cook	Buffalo	1:50.27
2	Duke DeClue	Lander	1:52.57
3	Mike Peck	Buffalo	1:53.17
4	Greg Smith	Lander	1:58.15
5	Adam Erickson	Newcastle	1:58.50
6	James Sorenson	Lyman	1:58.82
200 Yard IM			
1	Phil Rehard	Rawlins	1:59.63
2	David Bellis	Worland	2:07.95
3	Levi Asay	Powell	2:10.02
4	Brandon Ross	Rawlins	2:10.47
5	Nathan Moxley	Lander	2:15.18
6	Aaron Erickson	Newcastle	2:17.51
50 Yard Freestyle			
1	Jake Rehard	Rawlins	22.21
2	Jason Cox	Powell	22.65
3	Ryan Mikesell	Lander	22.70
4	Chris Rhoads	Worland	22.71
5	Brad Rempfer	Powell	22.84
6	Karl Porter	Pinedale / Big Piney	23.19
1 Meter Diving			
1	Brent Bartlett	Lander	428.30
2	Wade Blackmon	Pinedale / Big Piney	407.30
3	Mike Miranda	Douglas	390.45
4	Cody Andrus	Worland	324.75

5	Jason Knopp	Powell	321.60
6	Peter Reed	Worland	292.45
100 Yard Butterfly			
1	Brandon Ross	Rawlins	56.34
2	Joe Dufek	Lander	58.58
3	Mark Simondi	Buffalo	59.00
4	Ernie Fisher	Lander	1:02.28
5	Warren Martin	Newcastle	1:04.24
6	Doug Spriggs	Lander	1:06.06
100 Yard Freestyle			
1	Jake Rehard	Rawlins	48.59
2	Ryan Mikesell	Lander	50.17
3	Chris Rhoads	Worland	50.44
4	Jason Cox	Powell	51.10
5	Maurits Thayer	Pinedale / Big Piney	51.66
6	Justin Hanson	Powell	52.09
500 Yard Freestyle			
1	Jake Cook	Buffalo	4:58.66
2	Duke DeClue	Lander	5:02.04
3	Mike Peck	Buffalo	5:12.56
4	Sam Schimelpfenig	Lander	5:23.95
5	Adam Erickson	Newcastle	5:31.83
6	Greg Smith	Lander	5:33.06
200 Yard Freestyle Relay			
1	-	Lander	1:33.75
2	-	Rawlins	1:35.07
3	-	Powell	1:36.58
4	-	Lyman	1:37.11
5	-	Worland	1:37.32
6	-	Newcastle	1:37.70
100 Yard Backstroke			
1	Phil Rehard	Rawlins	53.64
2	Karl Porter	Pinedale / Big Piney	55.49
3	Levi Asay	Powell	56.31
4	David Bellis	Worland	57.03
5	Mark Simondi	Buffalo	59.60
6	Tony Jim	Lander	1:00.78
100 Yard Breaststroke			
1	Josh Honstain	Powell	1:05.30
2	Andy Kaiser	Worland	1:05.63
3	Nathan Moxley	Lander	1:05.75
4	Aaron Erickson	Newcastle	1:05.97
5	Russ Arbuthnot	Lander	1:06.81
6	Jason Knopp	Powell	1:06.96
400 Yard Freestyle Relay			
1	-	Rawlins	3:22.58
2	-	Powell	3:26.99
3	-	Worland	3:27.28

4	-	Lander	3:29.14
5	-	Buffalo	3:36.84
6	-	Lyman	3:43.43

1995 Boys 3A Team Results

Rank	School	Score
1	Lander	256.0
2	Rawlins	200.0
3	Powell	163.0
4	Worland	161.0
5	Buffalo	115.0
6	Newcastle	97.0
7	Pinedale / Big Piney	79.0
8	Lyman	56.0
9	Kemmerer	30.0
10	Douglas	20.0

1995 Boys 4A Individual Results

Rank	Name	School	Time/Score
200 Yard Medley Relay			
1	-	Green River	1:40.35
2	-	Gillette	1:40.50
3	-	Laramie	1:42.00
4	-	Evanston	1:44.83
5	-	East	1:47.91
6	-	Sheridan	1:49.75
200 Yard Freestyle			
1	Rob Yovich	Laramie	1:47.56
2	Jason Crompton	Evanston	1:50.42
3	Greg Persinski	Rock Springs	1:51.73
4	Chris Tenorio	Gillette	1:52.22
5	Mike Moody	Green River	1:53.93
6	Larry White	Laramie	1:55.04
200 Yard IM			
1	Jason Garman	Laramie	2:00.50
2	David Hellevang	Gillette	2:03.85
3	KC Cummings	Evanston	2:04.19
4	Josh Blaylock	Sheridan	2:05.03
5	Dax Rice	Sheridan	2:07.40
6	Buddy Boysen	Laramie	2:10.33
50 Yard Freestyle			
1	Justin Kapinus	Gillette	21.21
2	Matt Strauss	Green River	21.46
3	Aaron Norton	Evanston	21.64
4	Mike Wilkinson	Laramie	22.12
5	Aaron Jesson	Gillette	22.69
6	Eric Rohr	Laramie	22.75
1 Meter Diving			

1	Jason Hughes	Gillette	443.35
2	Chris Madsen	Gillette	386.50
3	Nate Doty	East	372.30
4	Jake Sinclair	Gillette	357.10
5	Ryan Deichmueller	Green River	353.70
6	Lenny VonFeldt	Riverton	337.15
100 Yard Butterfly			
1	Aaron Norton	Evanston	52.66
2	Jason Garman	Laramie	53.92
3	Buddy Boysen	Laramie	54.34
4	Wes Bay	Gillette	56.86
5	Clint Beck	Evanston	57.10
6	Casey Shively	Cody	1:00.15
100 Yard Freestyle			
1	Matt Strauss	Green River	48.08
2	Adam DeBall	East	50.06
3	Eric Rohr	Laramie	50.53
4	Aaron Jessen	Gillette	51.10
5	Chris Tenorio	Gillette	51.27
6	Ryan O'Malley	Laramie	51.37
500 Yard Freestyle			
1	Rob Yovich	Laramie	4:57.18
2	Jason Crompton	Evanston	5:02.74
3	Dax Rice	Sheridan	5:08.48
4	Larry White	Laramie	5:20.62
5	Bryan Thompson	Sheridan	5:20.93
6	Chris Carter	Kelly Walsh	5:27.23
200 Yard Freestyle Relay			
1	-	Green River	1:29.46
2	-	Evanston	1:30.31
3	-	Laramie	1:30.37
4	-	Gillette	1:30.84
5	-	Cody	1:35.51
6	-	Central	1:36.10
100 Yard Backstroke			
1	David Hellevang	Gillette	55.01
2	Kyle Hill	Green River	55.67
3	Josh Blaylock	Sheridan	56.25
4	Dustin Robbins	Green River	57.73
5	Wade Morrison	Kelly Walsh	58.34
6	Zach Koechler	Cody	1:00.27
100 Yard Breaststroke			
1	Justin Kapinus	Gillette	1:00.33
2	Adam DeBall	East	1:01.72
3	KC Cummings	Evanston	1:02.84
4	Bryan Ragsdale	Green River	1:03.66
5	Ryan O'Malley	Laramie	1:04.18
6	Michael Pickett	Riverton	1:05.40
400 Yard Freestyle Relay			
1	-	Laramie	3:15.80
2	-	Evanston	3:19.56

3	-	Gillette	3:20.55
4	-	Green River	3:33.54
5	-	East	3:35.67
6	-	Sheridan	3:39.90

1995 Boys 4A Team Results

Rank	School	Score
1	Gillette	261.0
2	Laramie	240.0
3	Green River	236.0
4	Evanston	193.0
5	East	110.0
6	Sheridan	100.0
7	Cody	61.0
8	Rock Springs	51.0
9	Kelly Walsh	46.0
10	Central	45.0
11	Riverton	33.0
12	Natrona	16.0