

SWIMMING & DIVING ARCHIVES

1996 Girls 3A Individual Results

Rank	Name	School	Time/Score
200 Yard Medley Relay			
1	-	Rawlins	1:59.95
2	-	Lander	2:00.55
3	-	Buffalo	2:01.03
4	-	Worland	2:01.54
5	-	Powell	2:03.48
6	-	Greybull / Riverside	2:04.97
200 Yard Freestyle			
1	Julie Livingston	Lander	2:01.20
2	Jennifer Bellis	Worland	2:09.61
3	Amy Schleicher	Buffalo	2:10.71
3	Peggy Massman	Newcastle	2:10.71
5	Katie Holden	Rawlins	2:10.82
6	Nicole McClure	Kemmerer	2:17.43
200 Yard IM			
1	Katie Peck	Buffalo	2:16.10
2	Cate Watsabaugh	Jackson	2:24.05
3	Kelly Gredvig	Rawlins	2:25.23
4	Shawna Muir	Rawlins	2:25.88
5	Melisa Griffith	Greybull / Riverside	2:28.33
6	Allison Ellis	Powell	2:32.82
50 Yard Freestyle			
1	Julie Livingston	Lander	25.79
2	Cristin Rehard	Rawlins	25.80
3	Julie Bean	Buffalo	26.11
4	Shanna Clay	Worland	26.74
5	Jenni Wells	Lander	27.27
6	Jenae Griffin	Douglas	28.51
1 Meter Diving			
1	Lisa Myers	Rawlins	349.95
2	Melissa Wolfe	Lander	341.70
3	Kasi Kysar	Powell	336.55
4	Mandi Mele	Lyman	326.10
5	Carolyn Hays	Rawlins	325.25
6	Heather Wells	Pinedale / Big Piney	313.30
100 Yard Butterfly			
1	Rae Joiner	Newcastle	1:04.92
2	Jennifer Bellis	Worland	1:06.49
3	Cate Watsabaugh	Jackson	1:07.44
4	Amy Schleicher	Buffalo	1:07.87
5	Sarah Cox	Powell	1:08.47
6	Mary Phifer	Lander	1:09.38
100 Yard Freestyle			
1	Cristin Rehard	Rawlins	55.78
2	Julie Bean	Buffalo	56.55

3	Brehen Hartley	Rawlins	57.83
4	Kelleen Murdock	Lander	58.40
5	Christi Nelson	Lyman	58.75
6	Jenni Wells	Lander	59.29
500 Yard Freestyle			
1	Katie Peck	Buffalo	5:28.35
2	Jaime Walsh	Jackson	5:49.17
3	Katie Holden	Rawlins	5:51.14
4	Peggy Massman	Newcastle	5:57.54
5	Kari Shinkle	Rawlins	6:03.38
6	Nicole McClure	Kemmerer	6:08.53
200 Yard Freestyle Relay			
1	-	Buffalo	1:45.84
2	-	Worland	1:47.36
3	-	Powell	1:49.77
4	-	Douglas	1:49.99
5	-	Lander	1:51.09
6	-	Rawlins	1:51.93
100 Yard Backstroke			
1	Rae Joiner	Newcastle	1:03.15
2	Kelleen Murdock	Lander	1:04.98
3	Christi Nelson	Lyman	1:05.83
4	Sydney Urbach	Greybull / Riverside	1:06.10
5	Allison Ellis	Powell	1:07.59
6	Rachael Horton	Douglas	1:09.42
100 Yard Breaststroke			
1	Kelly Gredvig	Rawlins	1:13.42
2	Melisa Griffith	Greybull / Riverside	1:14.80
3	Brenna Johnson	Kemmerer	1:15.89
4	Jeri Hertzell	Powell	1:16.60
5	Jaime Walsh	Jackson	1:17.68
6	Kristin Cox	Powell	1:18.66
400 Yard Freestyle Relay			
1	-	Rawlins	3:53.48
2	-	Lander	3:54.96
3	-	Greybull / Riverside	3:59.88
4	-	Buffalo	4:08.92
5	-	Jackson	4:10.16
6	-	Newcastle	4:13.40

1996 Girls 3A Team Results

Rank	School	Score
1	Rawlins	245.0
2	Lander	194.0
3	Buffalo	169.5
4	Powell	144.0
5	Worland	118.0
6	Greybull / Riverside	117.0
7	Newcastle	91.5
8	Douglas	86.0

9	Jackson	82.0
10	Kemmerer	55.0
11	Lyman	49.0
12	Pinedale / Big Piney	38.0

1996 Girls 4A Individual Results

Rank	Name	School	Time/Score
200 Yard Medley Relay			
1	-	Gillette	1:49.97
2	-	Laramie	1:54.07
3	-	Rock Springs	1:57.96
4	-	Sheridan	1:57.98
5	-	East	2:00.97
6	-	Cody	2:03.52
200 Yard Freestyle			
1	Farah McDill	Gillette	1:57.33
2	Tonie Miyamoto	Laramie	1:57.39
3	Sandi Schmitt	Gillette	2:02.63
4	Tawna Lojek	Gillette	2:03.33
5	Sarah Puckett	Laramie	2:05.60
6	Dana Robertson	Laramie	2:07.54
200 Yard IM			
1	Vanessa Young	Gillette	2:11.32
2	Demerae Christianson	Gillette	2:11.40
3	Amber Anderson	Laramie	2:13.99
4	Elizabeth Nowak	Laramie	2:20.11
5	Jessica Townsend	Sheridan	2:21.45
6	Erin Hennings	Laramie	2:22.45
50 Yard Freestyle			
1	Kelly Bennett	Gillette	24.20
2	Sarah Norton	Evanston	24.26
3	Carrie Behrens	Cody	24.41
4	Sarah Jessen	Gillette	25.28
5	Kara Sutphin	Rock Springs	28.57
6	Ryan Springer	East	25.90
1 Meter Diving			
1	Wendy O'Connell	Evanston	422.05
2	Tara Walker	Green River	396.60
3	Liz Beck	Green River	392.55
4	Julie DeVries	Laramie	352.00
5	Sadie West	Sheridan	343.30
6	Julie Beppler	Evanston	338.10
100 Yard Butterfly			
1	Demerae Christianson	Gillette	58.66
2	Jessica Townsend	Sheridan	1:01.41
3	Kelli Foster	Riverton	1:05.34
4	Dana Robertson	Laramie	1:05.87
5	Sarah Puckett	Laramie	1:06.60
6	N. Morozova	Laramie	1:09.95

100 Yard Freestyle			
1	Sarah Norton	Evanston	52.39
2	Kelly Bennett	Gillette	53.95
3	Amber Anderson	Laramie	54.53
4	Sarah Jessen	Gillette	55.28
5	L. Nicholls	East	56.47
6	Candace Garman	Laramie	57.54
500 Yard Freestyle			
1	Tonie Miyamoto	Laramie	5:20.89
2	Farah McDill	Gillette	5:22.36
3	Tawna Lojek	Gillette	5:31.81
4	Sandi Schmitt	Gillette	5:36.33
5	Allison Sempsis	Rock Springs	5:39.09
6	Jill Phillips	Laramie	5:52.95
200 Yard Freestyle Relay			
1	-	Gillette	1:41.40
2	-	Laramie	1:42.92
3	-	Evanston	1:44.20
4	-	Cody	1:45.50
5	-	Rock Springs	1:46.95
6	-	East	1:48.31
100 Yard Backstroke			
1	Vanessa Young	Gillette	58.54
2	Anna Nowak	Laramie	1:00.33
3	Allison Sempsis	Rock Springs	1:01.01
4	Ryan Springer	East	1:03.72
5	Alicia Carroll	Green River	1:05.11
6	Tara Spade	Gillette	1:05.99
100 Yard Breaststroke			
1	Carrie Behrens	Cody	1:10.35
2	Elizabeth Nowak	Laramie	1:11.40
3	Kara Sutphin	Rock Springs	1:12.08
4	Anna Nowak	Laramie	1:12.17
5	Jessica Durfee	Sheridan	1:13.70
6	L. Springer	East	1:13.98
400 Yard Freestyle Relay			
1	-	Gillette	3:39.17
2	-	Laramie	3:45.60
3	-	Evanston	3:51.61
4	-	Rock Springs	3:58.05
5	-	East	4:02.01
6	-	Sheridan	4:03.50

1996 Girls 4A Team Results

Rank	School	Score
1	Gillette	320.5
2	Laramie	304.0
3	Rock Springs	129.5
4	Evanston	129.0
5	East	115.0

6	Sheridan	94.0
7	Cody	85.0
8	Green River	69.0
9	Riverton	52.0
10	Central	46.0
11	Kelly Walsh	31.0
12	Natrona	20.0

1997 Boys 3A Individual Results

Rank	Name	School	Time/Score
200 Yard Medley Relay			
1	-	Lander	1:40.98
2	-	Rawlins	1:47.34
3	-	Worland	1:49.21
4	-	Powell	1:51.17
5	-	Sublette County	1:53.92
6	-	Lyman	1:55.67
200 Yard Freestyle			
1	Jake Rehard	Rawlins	1:45.30
2	Mike Peck	Buffalo	1:49.07
3	Ryan Johnson	Powell	1:54.06
4	Carl Bakke	Rawlins	1:55.35
5	Billy Griffin	Jackson	1:55.75
6	Mike Pryor	Lander	1:57.05
200 Yard IM			
1	Jake Cook	Buffalo	1:58.13
2	Nathan Moxley	Lander	2:02.27
3	Guy Fulfer	Worland	2:03.81
4	Tony Jim	Lander	2:06.97
5	D. Graversen	Rawlins	2:12.05
6	Aaron Erickson	Newcastle	2:12.52
50 Yard Freestyle			
1	Cameron Cook	Buffalo	21.72
2	Eric Dufek	Lander	21.94
3	Danny Lamb	Worland	22.30
4	Jason Cox	Powell	22.40
5	Luke Fidler	Lander	22.47
6	Jared Vance	Rawlins	23.29
100 Yard Butterfly			
1	Eric Dufek	Lander	54.30
2	D. Graversen	Rawlins	55.40
3	Levi Asay	Powell	56.16
4	Mike Peck	Buffalo	56.20
5	Lee Oaks	Jackson	57.24
6	Clay Pfrangle	Worland	58.02
100 Yard Freestyle			
1	Jake Rehard	Rawlins	46.07
2	Cameron Cook	Buffalo	48.42
3	Luke Fidler	Lander	50.34
4	Carl Bakke	Rawlins	51.18

5	Matt White	Worland	52.01
6	Matt Accurso	Worland	52.23
500 Yard Freestyle			
1	Jake Cook	Buffalo	4:53.19
2	Guy Fulfer	Worland	5:11.72
3	Mike Pryor	Lander	5:16.66
4	Ryan Johnson	Powell	5:21.52
5	Billy Griffin	Jackson	5:26.75
6	Kyle Smith	Lander	5:31.37
200 Yard Freestyle Relay			
1	-	Worland	1:30.59
2	-	Rawlins	1:30.97
3	-	Buffalo	1:30.99
4	-	Lander	1:32.40
5	-	Powell	1:34.30
6	-	Jackson	1:37.91
100 Yard Backstroke			
1	Levi Asay	Powell	54.86
2	Tony Jim	Lander	56.56
3	Paul Yarber	Kemmerer	59.02
4	Joe Hoyt	Lander	59.50
5	Clint Sorensen	Lyman	1:00.54
6	Jared Vance	Rawlins	1:00.74
100 Yard Breaststroke			
1	Nathan Moxley	Lander	59.72
2	Jeff Maxam	Sublette County	1:03.64
3	Aaron Erickson	Newcastle	1:04.29
4	Dan Hines	Lander	1:04.93
5	Lee Oaks	Jackson	1:05.71
6	Clay Pfrangle	Worland	1:07.51
400 Yard Freestyle Relay			
1	-	Lander	3:19.93
2	-	Rawlins	3:21.22
3	-	Worland	3:21.77
4	-	Buffalo	3:25.10
5	-	Powell	3:35.83
6	-	Jackson	3:36.87

1997 Boys 3A Team Results

Rank	School	Score
1	Lander	316.0
2	Worland	223.0
3	Rawlins	213.0
4	Powell	163.0
5	Buffalo	133.0
6	Jackson	81.0
7	Kemmerer	52.0
8	Sublette County	51.0
9	Lyman	49.0
10	Newcastle	40.0

11	Douglas	31.0
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1997 Boys 4A Individual Results

Rank	Name	School	Time/Score
200 Yard Medley Relay			
1	-	Laramie	1:38.17
2	-	Green River	1:39.94
3	-	Gillette	1:42.61
4	-	Sheridan	1:45.30
5	-	Evanston	1:46.45
6	-	Riverton	1:46.56
200 Yard Freestyle			
1	Jason Garman	Laramie	1:44.65
2	Nathan Storey	Central	1:48.74
3	Ben Britton	Green River	1:50.08
4	Jon George	Natrona	1:50.53
5	Bill Koppelman	Gillette	1:50.88
6	Larry White	Laramie	1:54.66
200 Yard IM			
1	Buddy Botsen	Laramie	2:00.88
2	KC Cummings	Evanston	2:03.01
3	Gary Horn	Kelly Walsh	2:05.65
4	Jon Christianson	Gillette	2:06.13
5	Bo Bergstrom	Sheridan	2:08.28
6	Roger Erickson	Laramie	2:12.13
50 Yard Freestyle			
1	Pat Tenorio	Gillette	21.88
2	Ryan O'Malley	Laramie	21.92
3	Mike Moody	Green River	22.03
4	Matt Dockter	Green River	22.42
5	Steve Poelns	Laramie	22.66
6	Jesse Blaylock	Sheridan	22.95
100 Yard Butterfly			
1	Buddy Botsen	Laramie	50.93
2	Pat Tenorio	Gillette	54.19
3	Ben Britton	Green River	54.83
4	Thiago Manzione	Sheridan	55.92
5	Mike Clark	Green River	56.13
6	Jake Mills	Gillette	57.32
100 Yard Freestyle			
1	Jason Garman	Laramie	46.68
2	Mike Moody	Green River	48.89
3	Jon George	Natrona	50.08
4	Matt Dockter	Green River	50.14
5	Matt McNutt	Gillette	50.72
6	Shane Gligorea	Sheridan	53.12
500 Yard Freestyle			
1	Jon Christianson	Gillette	5:03.75
2	Zach Mueller	Laramie	5:04.05

3	Bryan Thompson	Sheridan	5:11.94
4	Andy Moon	Evanston	5:12.53
5	Mike Bittner	Laramie	5:16.99
6	Bill Koppelman	Gillette	5:22.58
200 Yard Freestyle Relay			
1	-	Green River	1:26.89
2	-	Laramie	1:28.32
3	-	Gillette	1:30.94
4	-	Central	1:31.89
5	-	Sheridan	1:32.43
6	-	Evanston	1:35.07
100 Yard Backstroke			
1	Dustin Robbins	Green River	55.42
2	Larry White	Laramie	57.16
3	Roger Erickson	Laramie	57.73
4	Toby Honadel	Kelly Walsh	58.08
5	Jason Roe	Green River	58.19
6	Matt McNutt	Gillette	58.37
100 Yard Breaststroke			
1	Dustin Robbins	Green River	58.07
2	Ryan O'Malley	Laramie	1:00.16
3	KC Cummings	Evanston	1:02.17
4	Gary Horn	Kelly Walsh	1:02.63
5	Tracy Tynsky	Rock Springs	1:03.18
6	Bo Bergstrom	Sheridan	1:03.55
400 Yard Freestyle Relay			
1	-	Green River	3:19.37
2	-	Gillette	3:20.61
3	-	Laramie	3:28.80
4	-	Evanston	3:30.16
5	-	Sheridan	3:35.32
-	-	Central	DQ

1997 Boys 4A Team Results

Rank	School	Score
1	Laramie	276.0
2	Green River	246.0
3	Gillette	231.0
4	Sheridan	143.0
5	Evanston	120.0
6	Kelly Walsh	76.0
7	Central	64.0
8	Rock Springs	55.0
9	Natrona	49.0
10	Riverton	45.0
11	East	45.0
12	Cody	27.0