

2026 State Cross Country Meet
October 24, 2026
Little America
Cheyenne, Wyoming

Meet Directors: Wendy Johnson, Activities Director South High School, 307-274-5795
Jerry Schlabs, Athletic Director, East High School, 307-286-1663
Barry Ward, Athletic Director, Central High School, 307-214-2139

Referee: Chad Whitworth, Assistant WHSAA Commissioner
Starter: John Binning

ENTRY DEADLINE: PLEASE BE ADVISED THAT THE ENTRIES WILL BE MADE ON MILESPLIT WEBSITE IS https://www.milesplit.com PLEASE USE THIS SITE TO REGISTER YOUR ATHLETES. The name of the meet will be: ***WHSAA State Cross Country Championships***.

ENTRIES MUST BE RECEIVED BY MONDAY, OCTOBER 19, 2026 by 4:00. Please enter the appropriate grade level for each athlete.

TEAM PICTURES: Please email a color team picture with roster to Wendy Johnson at wendy.johnson@laramie1.org or Danielle Simmons at Danielle.simmons@laramie1.org by 12:00 pm on Oct. 9, 2026. It would be great to get these pictures prior, if possible.

PARKING:

- All buses and vans will drop athletes off at Little America and park in the remote parking area that will be available (**more details to come**). We ask all buses to please move out of the Little America parking lot on race day, so spectators have areas where they can park.

- Spectators can park at the east and south sides of Little America until the lot is full. Wheelchair handicapped parking will be available at Little America by the Golf Course Clubhouse (limited availability).

CHECK IN: Team packets may be picked up by Coaches on (**After 4 PM**) Friday, October 23, 2026, at the Little America Clubhouse or at the coaches meeting on Saturday morning. Packets will include course map, programs, contestant number and meet instructions. Please read all the material carefully and pass the information along to all athletes and spectators.

DRESSING ROOMS: Dressing room facilities will not be provided on the course. Teams should dress at their hotel. There will be portable restrooms on the course.

HOSPITALITY: We will be providing pizza and refreshments for coaches, event staff and bus drivers at the Clubhouse at Little America golf course.

COACHES MEETING: There will be a head coaches meeting at 8:45 AM by the hospitality area in the clubhouse at Little America. A review of instructions for coaches and runners concerning (bibs, camera, 30 minutes to appeal) to finish procedures will take place.

STARTING TIMES:

1. 3A Girls - 10:30 a.m.
2. 2A Girls - 11:00 a.m.
3. 4A Girls - 11:30 a.m.
4. 3A Boys - 12:00 p.m.
5. 2A Boys - 12:30 p.m.
6. 4A Boys - 1:00 p.m.

RULES: The rules and regulations governing the State High School Cross Country Championships are found in the National Federation Edition of Track and Field Rules.

COURSE MARKINGS: The course will be marked using flags, cones and paint. It is your responsibility to see that each of your runners know the course.
We will have marshals around the course. You may review the course from 4:00 p.m. until 6:00 p.m. on Friday, October 23rd and Saturday, October 24th until 9:30 a.m.

CONTESTANT NUMBERS: Numbers will be provided by Finish Line Timing and are to be worn on the front of the uniform. Do not wrinkle them up, you will damage the chip.

STARTING LINE ASSIGNMENTS: Starting line assignments drawn by a lot will be in your team packet.

COURSE: Each race will be 5,000 meters. Marshals will be throughout the course as well as a trail cart to assist any runner in distress.

Girls Overall State Cross Country Record: *Sydney Thorvaldson, Rawlin HS* 16.59.6 (2020)
Boys Overall State Cross Country Record: *Brody Smith, Cody HS* 15:23.33.6 (2015)

ATHLETIC TRAINING: There will be athletic trainers, on site to assist with your medical needs. Teams will need to provide their own taping supplies.

FINISH AND TIMING SYSTEM: Finish Line Timing will be timing the races. We will have the bibs in your coach's packet. Please give the correct bib to the correct person because it is linked to their system.

RESULTS: Will be available at the finish line at the completion of each race at http://www.whsaa.org and http://www.milesplit.com after the races are completed.

AWARDS: Awards will be presented at the conclusion of the last race at the Awards stand by the clubhouse area at Little America. Awards are provided by the WHSAA.

CONCESSIONS: Limited concessions will be provided by Little America.

STATE MEET ORDER OF EVENTS:

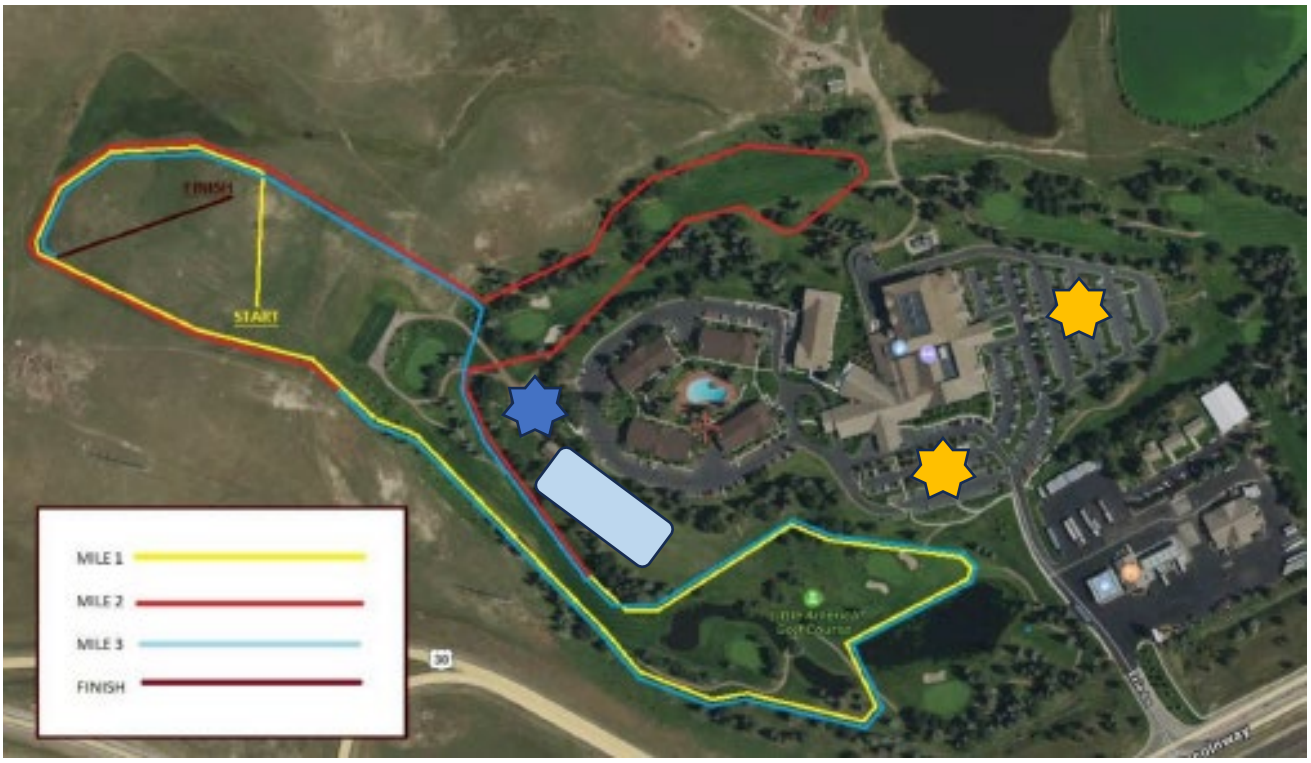
Saturday, October 24th:

10:15 AM	Color Guard to Present Colors
10:30 AM	3A Girls Race
11:00 AM	2A Girls Race
11:30 AM	4A Girls Race
12:00 PM	3A Boys Race
12:30 PM	2A Boys Race
1:00 PM	4A Boys Race

Awards Presented following results of last race.

Map of Little America Race Route

Yellow is the starting line; **Brown** is the finish line.
Blue Star – Clubhouse/concessions/State T-shirts/awards area
Light blue – Team camp Area
Yellow/Orange Star – Spectator Parking
Bus Parking will be a designated spot on Lincolnway.



2026 State Cross Country - Start of Race Lot Assignments

	1A/2A	3A	4A
1	Niobrara Co	Burns/Pine Bluffs	Cody
2	Sundance	Wheatland	South
3	Rocky Mtn	Glenrock	Kelly Walsh
4	Wright	Torrington	Jackson
5	Hulett	Worland	Campbell County
6	St. Stephens	Powell	Laramie
7	Wyoming Indian	Douglas	Evanston
8	Burlington	Lovell	Thunder Basin
9	Rock River	Mtn View	East
10	Big Horn	Lyman	Rock Springs
11	Thermopolis	Newcastle	Natrona
12	Wind River	Lander Valley	Riverton
13	Encamp./Saratoga	Rawlins	Sheridan
14	Ft. Washakie	Tongue River	Central
15	Moorcroft	Buffalo	Green River
16			Star Valley