



EVANSTON HIGH SCHOOL

Home of the Red Devils

STUDENT ACTIVITIES
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To: Athletic Directors and Wrestling Coaches

From: Bubba O'Neill - A.D.

Date: February 21-22, 2025

Re: Girls All Class Western Regional Tournament

Teams:

Evanston, Cody, Green River, Lander, Lyman, Mountain View, Pinedale, Powell, Riverton, Kemmerer, Big Piney, Star Valley, Jackson, Rock Springs, Dubois, Greybull, Kelly Walsh, Natrona, Lovell, Shoshoni, Thermopolis, Wind River, Worland, Cokeville, Saratoga, Wyoming Indian, Rocky Mountain

Evanston High School is pleased to host the **2025 Wyoming All Class Girls West Regional Wrestling Tournament**. This year the tournament will be held on **Friday, February 21 and Saturday February 22 in the Evanston High School Gymnasium**. This packet of information will assist you in planning for the tournament competition.

Roster Information and Tournament Programs

Pictures and rosters must be received no later than **Friday February 14th**. Please email these to dbruce@uinta1.com. We will be making a regional program, so if you would also, please email us your rosters and pictures by Feb 14 it would be greatly appreciated.

Tournament Schedule

Friday, February 21, 2025

2:00 pm

2:45 pm

3:30 pm

Weigh Ins

Seeding Meetings

Matches Begin

We will use three mats throughout, until the medal rounds begin.

| | |
|----------------|----------------------------|
| 3:30 -5:00 pm | First Round |
| 5:00 - 6:30 pm | Championship Quarterfinals |
| 6:30 - 8:00 pm | Second-Round Wrestle backs |

Saturday Feb 22

| | |
|------------------|------------------------------------|
| 8:00 am | Weigh-ins |
| 9:00 – 10:15 am | Third-Round Wrestle backs |
| 10:15 – 11:30 am | Championship Semifinals |
| 11:30 - 12:30 pm | Consolation Semifinals |
| 12:30 - 1:30 pm | Medal Rounds (1st/2nd and 3rd/4th) |

General Information

Track Wrestling Roster Entries and Entering Seeding Criteria

Track Wrestling invites will be sent out early in the week. Please let me know if you don't receive this invite. Please follow and adhere to all deadlines. When entering records, please make sure they are varsity records only.

Seeding Meeting:

The seeding meeting will be held in the EHS PE room (1240). It will be run by two of our tournament officials. Coaches, please make a commitment to participate in a professional manner. Your cooperation will certainly enhance the quality of the tournament and make it much easier to conduct the meeting.

Criteria for Seeding Meeting:

WHSAA 7.16.71

1. Head to head competition
2. Record against common opponents
3. Returning state placers at any weight (order of place)
4. Best overall record (minimum of ten varsity matches)
5. Coin flip
6. Wrestlers that are not seeded will be randomly drawn into the bracket.
7. Once seeding begins for each weight class, a wrestler may not be taken off the board for consideration.

WHSAA Rule 7.16.72:

Regional qualifying tournaments will be conducted by the WHSAA with each school allowed to enter two wrestlers per weight class. Eight wrestlers will advance to the State Tournament from each Regional Tournament. Whenever two wrestlers from the same school wrestle a match, pin points will automatically be awarded to the winner, regardless of the outcome of the match. The official entry deadline for the WHSAA Regional Tournament is the seeding meeting or completion of tournament weigh-ins whichever occurs first. If the seeding meeting is first, substitutions may be made up until the end of weigh-ins under the following conditions:

1. If for injury or illness, the substitution will be permitted only with a doctor's written excuse submitted to the tournament director.

2. If for disciplinary action, the substitution will be permitted only if the reasons are verified in writing by the school's administration to the tournament director. Wrestlers not making weight may be moved to replace an entered teammate or fill a team's unused entry slot. If a substitution is allowed, the substitute designated to replace his teammate will do so in the position of the original draw unless the substitute is replacing a "seeded" wrestler, whereby there shall be a re-seeding and re-drawing of that weight class. If a change in weight class is made for an entered participant, then the above shall apply; or if the change adds a participant to a weight class when that weight class shall be re-drawn.

3. If less than 8 competitors in the weight class, the possibility of taking more than 8 from the opposite region exists.
 - a. After all weights have been seeded in each region, the regional directors or designated persons will contact each other and exchange numbers in each weight class. Wherever a region has less than 8 wrestlers in a weight class, the opposite region shall wrestle to qualify any number of wrestlers available at that weight to reach a maximum of 16 wrestlers in each weight class. ALL these matches would be non-team scoring matches.

 - b. A wrestler that has qualified for the state meet on day one of a regional and still has a match on day two, but does not make weight on day 2, CAN NOT be replaced by a wrestler from the opposite region or from his own. A bye would represent him/her in the state bracket.

Towels and Water:

Evanston High School will not provide towels. We will provide water and cups mat-side for the tournament.

Locker rooms:

Three locker rooms will be available for visiting wrestling teams. Wrestlers should not leave ANY items in the locker rooms. Evanston High School and Uinta County School District #1 will not be responsible for lost or stolen items. **You** are responsible for your own valuables.

Team Passes

Each team will receive an envelope containing passes for the tournament upon arrival. The following passes will be issued:

| | |
|--------------------|-------------------|
| 28 wrestler passes | 1 bus driver pass |
| 3 manager passes | 4 coach passes |
| | 4 spouse passes |

Mats

Three (3) mats will be used for all rounds except the championship and consolation finals.

Sportsmanship:

Please model appropriate sportsmanship and expect your wrestlers to demonstrate exemplary behavior throughout the tournament. It is extremely important for coaches to provide supervision, pre-teach athletes regarding expectations, and monitor student-athlete behavior. We appreciate your commitment in this area.

Team Videotaping:

Allowed from the upper walking track ONLY. Only media and coaching personnel will be allowed on the gym floor area. Please encourage your parents and fans to film and take pictures from the bleachers. They will not be allowed in the coaching areas at mat-side. NFHS will be used

Hospitality:

A hospitality room will be provided for the **coaches, officials, bus drivers, and workers.** The hospitality room is provided as a courtesy of the Evanston High School Activities Office in room 1240 (PE class room). Please refrain from using this area for family, friends, or students i.e.……managers, cheerleaders, wrestlers, trainers, video-personnel etc.

Awards:

All-Conference and place medals will be given out by weight starting after the 100 lb weight class. Coach of the Year plaques, the Conference Champion Plaque and the Regional Place Winner Plates will be presented following all matches on Saturday.

Seating at Mat-side:

Only 3 coaches will be allowed in coaches' chairs. **ONLY COACHES, WRESTLERS, OFFICIALS, AND TOURNAMENT PERSONNEL WILL BE PERMITTED ON THE ARENA FLOOR. PARENTS & MANAGERS ARE NOT CONSIDERED COACHES OR TOURNAMENT WORKERS.** A stats person may be considered as 1 of 3 in coaches chairs. Please help us maintain this rule.

Weigh-in:

Weigh-in will be Friday afternoon, beginning at 2:00 PM in the gym in the high school. We will have 3-4 scales on hand and will have you weigh-in by weight class. Please notify the tournament director of any scratches or changes by 1:30 so they can be changed prior to the seeding meeting. Officials will be present to conduct weigh-ins.

Eating in the gym:

Your cooperation in instructing your wrestlers to dispose of trash properly will help to ensure a quality wrestling tournament experience. The wrestling room will be set up for team camps. We will have numerous trash cans set up in the team camp area, please help us keep that area and the gym area clean.

Spectator Behavior:

COACHES AND WRESTLERS SHOULD TAKE THE LEADERSHIP TO DISCOURAGE INAPPROPRIATE BEHAVIOR FROM THEIR RESPECTIVE COMMUNITY SPECTATORS. PLEASE TAKE THE INITIATIVE TO HELP SUPERVISE YOUR OWN FANS.

Admission Fee—All Day Pass

| | ADULT | STUDENT |
|------------------|---------|---------|
| Friday (All Day) | \$ 9.00 | \$ 6.00 |
| All Session Pass | \$20.00 | \$14.00 |
| Finals only Pass | \$ 5.00 | \$ 3.00 |

Concessions

Concessions will be provided during the tournament.

Team Camps

The wrestling room will be available for team camps. **No team camps in main gym or bleacher areas.** Trash receptacles are readily available, and their use is very important. Your commitment to monitor your teams behavior, while being a spectator, is essential and greatly appreciated.

Matches Assigned:

Matches will be assigned as per Trackwrestling. Multiple screens will be available throughout the gym. Be aware of your assigned mat, so that you will be ready at your designated match order/time.

Emergency Service:

A certified trainer will be at all matches. Please be sure your medical kits are fully equipped. Ice is available for injuries, and our training room will be open for taping.

Floor Area:

The wrestling area will be fenced off for security and facilitation of meet management. Parents, managers, & stats people are not allowed in the staging area.

Meet Management:

Pep clubs, parents, and fans are reminded that pep posters, banners and noise makers are NOT allowed at Regional or State sites. Administrators will be assigned to supervision, but we would welcome any school administrator assistance during the tournament.

Practice Time:

Please contact Bubba O'Neill if you would like to set up a practice time on Thursday night. We will have 3 mats down by early afternoon for your use in the main gym.

Trackwrestling:

We will be using *trackwrestling* as our meet manager. Live updates will be available on trackwrestling.com. We will send out information on how to enter your wrestlers at a later date.

Weight Classes Wyoming Girls Wrestling: 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235